

Who do you know personally that is especially thoughtful when it comes to expressing gratitude? What was the impact of that person's expressions and how did he or she go about saying thank you? I've known a number of people whose gratitude lifted me up and inspired me to do better. Saying thank you is vital to a healthy outlook on life. More important, it is critical to an intimate relationship with our kind, loving, gracious, and Almighty God. Saying thank you is a learned behavior. Gratitude flows from a thoughtful and humble heart.

Say thank you to...

Say thank you for...

Say thank you when...

Say thank you with...

Say thank you because...

Personal Application and Interaction

1. Who taught you to say thank you?
2. Who do you know that is especially thoughtful when it comes to expressing gratitude, and how has that impacted your practice of saying thanks?
3. Personal assessment:
 - Where are you when it comes to saying thank you...
 - to God?
 - to family?
 - to friends and neighbors?
 - to those who serve or show kindness to you?
 - What do you think you need to do to grow in giving thanks?
4. How are you likely to express thanks? (circle all that apply)
 - Prayer
 - Text, Tweet, Instagram, email, blog, vlog
 - Note-card, letter, smoke-signal
 - Poem, song
 - Face to face, phone call, phone message, sky-writing
 - Actions
5. Assignments:
 - Write 3 thank you notes this Thanksgiving week to friends, family or someone who has inspired or shown kindness to you.
 - Thank God this week for something He has done in someone else's life.
 - Thank God for what He has been doing through the combined ministry of Calvary and El Calvario.
 - Thank God for one of your new friends via this combined ministry, mentioning ways that person has especially blessed you.



Say Thank You!

Ephesians 5:15-21

Pastor John Ploog
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