

**M**uch like the day you were filled with great joy the day your child or a grandchild was born, it doesn't take much to imagine the delight of God the day you came into this world. All the more, I'm certain of His pleasure the day you turned to Him and trusted Him as your Lord and Savior. Moved with that understanding, the apostle Paul urges us to take care of ourselves as God's precious possession. Do you remember all those times when someone said to you, "take care of yourself"? Likewise, God reminds us...take care...! Well, He says it this way:

***Remain true to Christ as Lord***

- ***Rooted***

- ***Built up***

- ***Strengthened***

- ***Overflowing with gratitude***

***See to it that no one takes you captive through...***

- ***Hollow and deceptive philosophy which depends upon...***

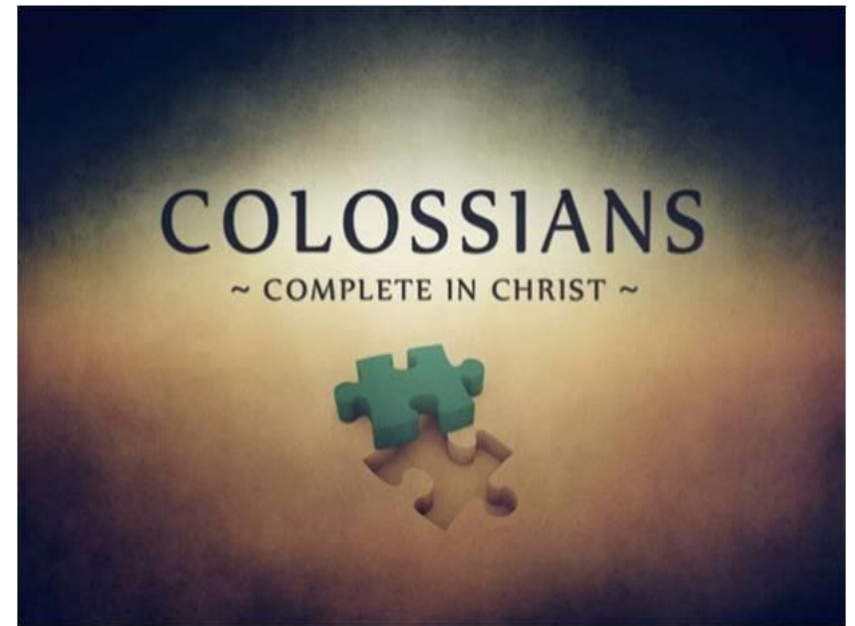
- ***Human tradition***

- ***The basic principles of this world***

- ***Rather than on Christ***

## Personal Application and Interaction

1. Recall a time when someone said to you, with all sincerity, “take care out there” or something similar.
2. Why would you need to be reminded to remain true to Christ Jesus as Lord? What’s going on in your life right now to indicate that this is happening?
3. How are you pursuing a life that is rooted, built up, strengthened and overflowing with gratitude?
4. How and when have you been “*taken captive by hollow and deceptive philosophies*”? Why do we need to be especially alert to the words, “taken captive”?
5. How do “*human traditions*” and “*basic principles of the world*” present themselves to you? Which “*human traditions*” have some sort of attraction to you?
6. The word “philosophy” comes from two words that mean “love of – wisdom”. Knowing Christ Jesus as Lord is our gateway to wisdom. What does your life look like when you are pursuing wisdom that is void of Christ in it? What are the results of such pursuits?



# Living the Life

## Colossians 2:6-8

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